

General Rules

1. Each participant must present a valid photo ID card in order to participate.
2. Each team will be limited to either one former varsity athlete or two club sport members.
3. Game time is forfeit time. Each team must have the minimum number of players signed in and ready to play at the scheduled game time. If there are fewer than the required number of players, the opposing captain has the option of taking the win or waiting for the minimum number of players to show. In the event that he or she decides to wait, that decision is irreversible and game clocks will be adjusted accordingly. If a team chooses to wait, it will be required to wait until the opposing team has the minimum number of players present or until a maximum of 10 minutes. Play will start as soon as the opposing team has the minimum number of players present.

Attire

1. *Uniforms:* Teams are required to wear matching colored shirts that include individual numbers on the back (numbers for soccer, basketball, and flag football). Teams will wear their respective color selected during registration. Goalkeepers for outdoor and indoor soccer must wear a jersey different than their team.
2. *Shoes:* All players must wear shoes. Tennis and running shoes are acceptable for all sports, and plastic cleats are acceptable for outdoor soccer. No player will be allowed to wear metal cleats, play in sandals or play barefoot.
3. *Pads and Braces:* No pads or braces may be worn above the waist. Leg and knee braces made of hard, unyielding material must be covered on both sides and all edges must be lined with appropriate slow-recovery padding.
4. *Headgear:* Players may not wear baseball-style caps or other rigid headwear unless playing softball. Knit and stocking caps are permitted. Players may wear a headband no wider than two inches and made of non-abrasive cloth, elastic, fiber, soft leather or rubber. Bandanas with knots are prohibited. Rubber or cloth elastic bands may be used to control hair.
5. *Jewelry:* No jewelry or any other item deemed dangerous by the Intramural Staff may be worn. Any player wearing exposed permanent jewelry (e.g. body piercings) will not be permitted to play.